Welcome to our second news update of 2016. Thank you to all for providing some feedback on the last edition, your comments were greatly received.

Over the last few months we have been busy working alongside the Fife Health and Social Care Partnership to gather views of older people with a particular insight on ‘hospital discharge’. The project will continue until September 2016 approximately at which point Fife Health and Social Care Partnership will provide a report on the outcomes to date.

We have also been busy promoting ‘Our Voice’ to organisations and individuals throughout the region over the last few months with the likelihood that the work will gather momentum over the coming year with ‘Our Voice’ bedding in.

Things are really starting to pick up again on the community engagement front with us busy making contacts and negotiating opportunities to engage with people affected by addictions. Engagement sessions will take place over the next few months so follow us on Twitter @SHCFife to see our progress.

We also promoted Patient Participation Group (PPG) Awareness Week which ran from 6th to the 10th June with stands at the entrances to both Queen Margaret Hospital in Dunfermline and Victoria Hospital in Kirkcaldy. We gathered some great feedback which has been sent to NHS Fife and onward to relevant GP practices for further consideration on how to ensure patients and service users receive a person-centred service.

Furthermore, George supported a project through the Scottish Patient Safety Programme regarding Community Pharmacies (which NHS Fife is piloting in several areas throughout the region – more details on this can be found in the leaflet attached regarding Pharmacy and Primary Care) and individuals that currently take a drug called ‘Warfarin’. A focus group took place in Anstruther and while the numbers were not as high as we would have liked the information nonetheless from the patients and the information provided to them by the Pharmacist was well received. The hope is to repeat this focus group in the Kirkcaldy area and to potentially look at what other communication methods may be of benefit to Community Pharmacies going forward in relation to ensuring the voice of their service users is heard.

**Contact Information**

Suzanne will shortly be sending out forms regarding the details we hold for you, we would encourage completing this short form using the Smart Survey link provided. For Data Protection purposes, the information we hold for you on our database has to be up to date and for which we need to regularly ask you if there have been any changes. Click here to access Smart Survey.
Scottish Health Council - Our Voice

Some of the recent activities from Our Voice are noted below with links where appropriate.

- Our Lothian office has published a report regarding a Patient Participation Group Networking Event held in March 2016 which is available on the following link: https://ourvoice.scot/models-based-learning-projects/

- We have created a local leaflet which supports the levels within ‘Our Voice’ and will be given out during our community engagements. The leaflet is attached for your information and feel free to let us have any comments on this by contacting Suzanne in the Fife office.

Information On behalf of Healthcare Improvement Scotland

Pharmacy in Primary Care
Please find attached a Programme Update for SPSP (Scottish Patient Safety Programme) Pharmacy in Primary Care. If you have any questions about this work, please don’t hesitate to get in touch with:
Wendy Forbes, Project Officer
t: 0131 623 4601
e: wendy.forbes2@nhs.net

Acute Coronary Syndrome
Please find attached “A booklet for patients, their families and carers”.

Review of Renal Cancer Quality Performance Indicators (QPIs) Consultation

Wider clinical and public engagement is crucial to ensure wide inclusiveness of clinical colleagues across NHSScotland. It is also vital to include the patients and the public as key stakeholders in this consultation to ensure the acceptability of the QPIs. We would like your comments on the Revised Renal Cancer QPIs. In particular we would like to hear your views on:
- The appropriateness of the QPIs that have been developed
- The target levels that have been set
- Key points or areas that are not covered within the QPIs
- Feasibility of measuring the QPIs identified in a meaningful and comparative way (i.e. ‘like for like’ comparison)

To access the consultation, please click on this http://www.gov.scot/Publications/2016/07/2849
NHS Fife has launched a 12-week public consultation on its new Clinical Strategy, which showcases the health board’s vision for healthcare delivery for the next five years and beyond.

The Clinical Strategy was developed over the last six months and follows extensive consultation and input from senior clinicians, patients and their carers, partner organisations and the general public. It is NHS Fife’s response to changing demographics, advances in medical science and the rising cost of care, and details a sustainable model for health and social care to cope with the changing demands of the population. Central to the strategy are a number of key recommendations, including the establishment of Community Hubs, where people can access information and care from a variety of organisations including health, social care, housing and voluntary services, more treatments taking place as close to home as possible, increased emphasis on prevention and health improvement from a young age, and greater use of new and emerging technologies.

Members of the public can view the Clinical Strategy and take part in the consultation by visiting www.nhsfife.org/clinicalstrategy or by attending one of the public sessions that will be held across Fife over the next 12 weeks. For further information please contact Jann Gardner on 01592 647 971.

The consultation will end on 20th September 2016.

Development of Participation and Engagement Network

The public participation groups which were previously part of the Community Health Partnerships and the Public Reference Group are currently being reconfigured and developed to form a new Integration Participation and Engagement Network. A meeting was held in July 2016 to discuss the establishment of this network with former members of the above groups to ensure the commitment and experiences of past participants were taken in to account. There were 30 people in attendance at the meeting with an agreement from all to take this work forward. The current aim would be for the Network to meet twice a year. Further information regarding the network and the wider Participation and Engagement Strategy for Fife is attached for your information.
“Smart life in Fife” is an online, web based self assessment tool enabling the individual to have control and choice over their life to maintain independence at home for as long as possible. Research shows that early intervention and prevention, is most effective with those who are in the early part of their decline, and where interventions are specific to the person's needs. The system focuses on Activities of Daily living such as bathing, mobility around the home, memory, safety, housework and managing to eat.

“Smart life in Fife” will give results relating to appropriate products, minor adaptations, information and advice for local services and ways to maintain and maximise independence at home.

“Smart life in Fife” is a system which has been procured by Fife Health and Social Care partnership and works in conjunction with existing services to support people living in the Kingdom of Fife.

If you would like further information about “Smart life in Fife” please contact the Smart Life in Fife project team by email: smartlife@fife.gov.uk

Do you fancy volunteering?

The Summer 2016 edition of Fifelife is now available to download from Fife Council website: www.fifedirect.org/news

Helper Volunteers are a vital part of the service Marie Curie provides and we are always looking for more Helper Volunteers who can give at least 3 hours of their time, each week supporting people with a terminal illness and their families in the Fife Area. As a Helper Volunteer you will be matched with someone who you will visit in their home, sometimes go out somewhere with or chat to over the phone. We will provide training sessions so you will be prepared and confident in carrying out your role. We also provide travel expenses and support throughout your time volunteering with us. For more information please contact us on: 0800 304 7406, a leaflet is also attached with more details.

Do you know someone that should be awarded?
Voting now open until 1st September 2016
visit the website: www.scottishhealthawards.com
for more info.
Volunteering Opportunities!

A small but very active charity, Lee O’Brien Solvent Trust (LOST) provides both education to schools, colleges, youth groups on solvent abuse. In addition support is provided to both adults, families and children, who are affected or indeed addicted to solvents.

Over the lifespan of the charity the number of people supported or educated by outreach support numbers over 500,000 and demand for the service, continues to grow, as no other agency specialises in this field.

To assist the charity to grow and develop, there are currently three voluntary vacant positions (unpaid although some expenses may be payable) for a Secretary and a Treasurer and also to be general trustees. We are also looking for more general volunteers to support our work.

We are seeking enthusiastic individuals, who can spare some time and who are willing to contribute a positive input to move the charity forward.

The duties of the Secretary are to take the minutes of all meetings, arrange these as required and update the trustees as required. Whilst some experience is desirable, training will be given, if required to the successful applicant.

The duties of the Treasurer are to assist in preparing and submitting funding applications, find sources of funding and maintain the charities financial records. Enthusiasm, common sense and a knowledge of finance is desirable.

The duties of volunteers will include fundraising, general office admin and also outreach helping deliver our education programs. Whilst some experience is desirable, full training will be given to all new volunteers

The vacancies have arisen as the current members, who each have 16 years’ service now have family commitments that curtail their availability and have decided to step down, allowing those with more time, the opportunity to help the community.

The applicants will undergo disclosure checks, as the nature of the charity requires this.

Contact Lesley Bain
by e-mail: solvents@thelost.org.uk
or by post: Leslie Bain, Chair, Unit 3, 6 Union Street, Leven, KY8 4NJ

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Citizen Panel Recruitment

George & Judith will be at the Mercat Shopping Centre in Kirkcaldy on 18th to recruit individuals to join the Citizens Panel. Feel free to drop by and say hi! We will be doing similar arrangements in Glenrothes and Dunfermline however dates are still to be agreed. For further information regarding the Panel please contact Suzanne in the office on 01592 200555.

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Thank you for reading! We hope you have found the information useful. Feel free to contact us if you have any comments or suggestions on what you want in future editions, we always look forward to hearing from you. George, Judith and Suzanne

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email: suzanne.mack@scottishhealthcouncil.org or tweet us: @SHCFife